

Riptide Practice Schedule

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Piscataway 6:00-7:15 TT/TW 7:15-8:45 JR RBAY 6:30-8:30 SR	2 Piscataway 6:00-7:15 TT/TW 7:15-9:00 SR RBAY 6:30-8:00 JR	3 Piscataway 6:00-7:30 JR 6:45-9:00 SR RBAY 6:30-7:45 TT/TW	4 Piscataway 7:00-9:00 SR RBAY 6:30-8:00 JR	5 Piscataway 6:00-7:10 TT/TW 7:10-8:30 JR RBAY 6:30-8:00 Small groups	6 RBAY 8:00 to 10:00 SR Boys Blue vs. Hamilton
7 NBTHS 8:45-10:30am - SR 10:30am-noon Small groups Holiday Mini Meet (Red Bank, 10&U)	8 Piscataway 6:00-7:15 TT/TW 7:15-8:45 JR RBAY 6:30-8:30 SR	9 Piscataway 6:00-7:15 TT/TW 7:15-9:00 SR RBAY 6:30-8:00 JR	10 Piscataway 6:00-7:30 JR 6:45-9:00 SR RBAY 6:30-7:45 TT/TW	11 Piscataway 7:00-9:00 SR RBAY 6:30-8:00 JR	12 Piscataway 6:00-7:10 TT/TW 7:10-8:30 JR RBAY 6:30-8:00 Small groups	13 RBAY 8:00 to 10:00 SR BB Snowflake
14 No Practice BB Snowflake Small groups: PWAY, 1:30-3pm	15 Piscataway 6:00-7:15 TT/TW 7:15-8:45 JR RBAY 6:30-8:30 SR	16 Piscataway 6:00-7:15 TT/TW 7:15-9:00 SR RBAY 6:30-8:00 JR	17 Piscataway 6:00-7:30 JR 7:30-9:00 SR [no Senior dryland today, 7:30pm start] RBAY 6:30-7:45 TT/TW	18 Piscataway 7:00-9:00 SR [Seniors who are competing in Holiday Classic on Friday should leave practice at 8:00pm] RBAY 6:30-8:00 JR	19 Piscataway 6:00-7:10 – TT/TW 7:10-8:30 – JR RBAY 6:30-8:00 Small groups Holiday Classic	20 No Practice Holiday Classic
21 No Practice Holiday Classic	22 Piscataway 6:00-7:15 TT/TW 7:15-8:45 JR RBAY 6:30-8:30 SR	23 Piscataway 6:00-7:15 TT/TW 7:15-9:00 SR RBAY 6:30-8:00 JR	24 No Practice 	25 No Practice 	26 Note new changes due to weather closures Long Course Practice at Princeton DeNunzio Pool TT/TW - 5:30-6:30pm JR – 5:15-6:30pm	27 Note new changes due to weather closures Long Course Practice at Princeton University DeNunzio Pool SR – 3:00-4:30pm
28 No Practice	29 Piscataway 6:00-7:15 TT/TW 7:15-8:45 JR RBAY 6:30-8:30 SR	30 Piscataway 6:00-7:15 TT/TW 7:15-9:00 SR RBAY 6:30-8:00 JR	31 No Practice 	January 1 No Practice 		